



CareFirst Select Vision Program

CITY OF BALTIMORE

2017



CareFirst Select Vision Program

Making Vision Care More Affordable

Vision is one of our most valued assets. Everyone should take precautions to protect this priceless gift. Some vision problems, such as glaucoma, can only be detected through regular, professional vision exams. Without proper care, these problems can gradually grow worse.

Healthy vision: an important asset

The CareFirst BlueCross BlueShield Select Vision plan can make a difference. It makes vision care more affordable, and it encourages people to follow a routine of preventive care for their eyes.

Who is eligible to enroll?

All City of Baltimore Active Employees and their dependents. Dependents have vision coverage until the end of the calendar year in which they turn age 26 regardless of student status. Retirees in MAPS, Fire, and Police over and under 65.

Vision benefits: an affordable option

Select Vision helps you commit to routine eye exams and preventive care that help detect small problems before they become serious and costly. Select Vision provides benefits for:

- Comprehensive vision examinations.
- Lenses and frames or contact lenses.

Freedom of choice

With Select Vision you can choose any licensed vision care provider—in Maryland or out of state. You have complete freedom to choose your own ophthalmologists, optometrists, and opticians.

Participating providers save you money

Participating providers agree to accept our reimbursement as payment in full for routine eye examinations, and frames and basic glass lenses from a special frame display. Because of this agreement we are able to pass a share of the savings to you. This also helps to lower out-of-pocket expenses for you. Ask your doctor which frames and lenses are included in the special frame display.



Need more information?
Please visit
www.carefirst.com or
call (410) 581-3508 or
800-535-2292.

You can identify participating providers by the distinctive CareFirst BlueCross BlueShield Participating Provider plaque in their offices. If you don't see the plaque, you can ask the provider if he or she participates with CareFirst BlueCross BlueShield before you receive care. You may also call the CareFirst BlueCross BlueShield office to find out if a provider participates.

Non-participating providers

You can also receive vision exams, frames and lenses, or contact lenses from non-participating providers. You must pay these providers for these services and submit any bills or receipts to CareFirst BlueCross BlueShield. We will directly reimburse you up to the allowed benefit or scheduled amount. You are responsible for any difference between our allowed benefit and the billed charges.

What is not covered

- Sunglasses (lenses darker than tint 2), even if prescribed.
- Replacement, within the same benefit period, of lost or damaged frames or lenses (including contacts) for which benefits were provided.
- Exams or materials furnished after the member's coverage is terminated (unless lenses and frames or contact lenses are ordered prior to the termination date and received within 30 days after the date of the order).
- Separate exam for contact lens fitting.

How to locate a vision provider

- Go to **www.carefirst.com**
- Click on *Find a Doctor* or other provider in your plan
- Click on *Find a Doctor*
- Under the heading—*All Other Plans*, select *Traditional/Indemnity* then continue
- Under *Search by Type of Doctor*, select *Specialist*, then continue

The next page has 3 sections:

- *Select a Speciality* – Ophthalmology, Optician or Optometrist
- *Provider Location*—Select your zip code or city and state; indicate the distance from this point you are willing to travel
- *Optional Information* is up to you—Click *Continue*

You can print this list by clicking on *Create a Printed Directory* and it will sort it in order.

When you contact the provider, be sure to let them know that your coverage is through CareFirst, NOT Davis Vision. The Provider will file the claim for you and accept our allowed amount for the services listed in the Summary of Plan Payments. You will be responsible for any extra services over the standard lenses and frames and routine eye examination.

If you chose, you can purchase your glasses at Walmart, Doctor's Vision, or anywhere! Please explain that your coverage is through CareFirst. You will need to request an itemized receipt that lists the exact services and the amount charged. Then, go to **www.carefirst.com**, under *Plan Information* click on *Forms*. Under the *Vision* tab click *Select*. This form will need to be printed out, completed, and mailed, along with your receipt, to the address on the form. Be sure to retain a copy of this information for your records.

Summary of plan payments

The following benefits are available once every 24 months.

EYE EXAMINATIONS	100% of the Allowed Benefit		
GLASSES	LENSES (per pair)	FRAMES (per pair)	MAXIMUM ALLOWANCE
Single Vision	up to \$41.50	up to \$29.50	up to \$71.00
Bifocal	up to \$67.00	up to \$29.50	up to \$96.50
Trifocal	up to \$89.50	up to \$29.50	up to \$119.00
Double Bifocal	up to \$100.50	up to \$29.50	up to \$130.00
Cataract (Aphakic)	up to \$156.50	up to \$29.50	up to \$186.00
CONTACT LENSES (per pair)**			
Single Vision (not medically required)	up to \$71.00		
Bifocal (not medically required)	up to \$96.50		
Medically Required (following cataract surgery or when vision acuity is correctable to at least 20/70 in the better eye only by use of contact lenses)	up to \$221.00		

* Frames and basic glass lenses are covered in full only when obtained from participating provider's special frame display.

** Fashion contact lenses, which are not corrective, are not included in the schedule of benefits.



Please note: This schedule is intended as a source of general information only. All benefits are subject to the provisions stipulated in the CareFirst BlueCross BlueShield Select Vision contract. CareFirst BlueCross BlueShield does not warrant the quality of vision services or materials.

